

AGENDA ITEM

**REPORT TO HEALTH AND
WELLBEING BOARD**

May 2022

**REPORT OF DIRECTOR OF
PUBLIC HEALTH**

MENTAL HEALTH update

SUMMARY

This report updates the board on the reinstatement of the integrated Mental Health Steering Group for Stockton-on-Tees as subgroup of the Health and Wellbeing Board.

RECOMMENDATION

The report recommends that the Board:

1. Considers and supports the re-instatement of the Integrated Mental Health Steering Group as subgroup of the Health and Wellbeing Board
2. Reviews the draft terms of reference for the Group

DETAIL

1. Mental health problems are common with 1 in 4 people in the UK experiencing a mental health issue at some point in the year. Mental health is also a leading cause of disability and sickness absence.
2. People with severe or long standing mental illness are more likely to smoke or be obese, have a higher risk of poor physical health and often have poorer access to healthcare, resulting in a significantly shorter life expectancy.
3. The pandemic had a significant impact on the mental health of individuals and communities with a 25% increase in anxiety and depression on a global scale, affecting in particular young people, women and those with pre-existing mental health disorders. The pandemic has also highlighted gaps in services and care and has further widened existing inequalities in mental health.
4. The cost of living crisis is also expected to impact further on the mental and physical health of individual and communities as a result of financial hardship, concerns and ability to afford a warm home, food and ability to participate.

5. The Health and Wellbeing board is committed to a whole system approach to improve the health of the population throughout the life course, to focus on prevention and early intervention and to reduce inequalities.
6. With the implementation of ICS and ICBs in July and the significant transformation and change of local mental health services provided by TEWV as well as changes in children's services, partners need local communication and cooperation to ensure that local services are joint up and meeting local need.
7. The Integrated Mental Health Steering Group has been reinstated to improve the mental health and wellbeing of the local population through the development and implementation of a joint strategic framework across the life course.
8. The objectives of the group are to
 - Promote good mental health and wellbeing and prevent mental ill health
 - Reduce inequalities in mental (ill) health and prevent suicide
 - Consider the impact of the pandemic and cost of living crisis on the mental health and wellbeing of residents and communities
 - Listen to the voice of those with lived experience, their families and carers
 - Consider national guidance, best evidence and practice, asset and community based approaches as well as regional, subregional and local structures, groups and developments
 - Use a population health approach and monitor mental health data and trends
 - Oversee the review and refresh of the JSNA (Joint Strategic Needs Assessment) for mental health and wellbeing, loneliness and suicide prevention to identify local priorities and gaps thus highlighting key strategic issues
 - Develop a strategic mental health framework for Stockton-on-Tees
9. To-date, the Health and Wellbeing Board has received bi-annual reports from the group, to provide a progress update to assure the Board and it is proposed to continue with bi-annual updates from the group as well as individual partners as deemed most appropriate.
10. The revised draft terms of reference are appended to this paper with the proposal for the Integrated Mental Health Steering group to review these after 6 months.

Name of Contact Officer: Sarah Bowman-Abouna/ Tanja Braun
Post Title: Director of Public Health/ Consultant in Public Health
Email address: sarah.bowman-abouna@stockton.gov.uk;
Tanja.Braun@stockton.gov.uk

Terms of Reference

Stockton-on-Tees

Integrated Mental Health Steering Group

Every fourth person in the UK suffers from poor mental health and nearly half of all lifetime cases of diagnosable mental illness begin by the age of 14.

These Terms of Reference outline the remit of the Integrated Mental Health Steering group as a multi-agency subgroup of the Stockton-on-Tees Health and Wellbeing board.

Aims and objectives

The group aims to support the development and implementation of a joint strategic framework to improve mental health across the life course for all residents and communities in Stockton-on-Tees.

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Membership

Chair & Vice Chair

The group will be chaired by a senior member of the Stockton-on-Tees public health team; the position of vice chair will be taken up by a representative nominated by the group. It is the responsibility of the chair to collate the agenda for the meetings and ensure the timely distribution of the agenda and papers at least one week before the next meeting.

Members

Members of the group will be expected to have an appropriate level of authority, expertise and experience to make decisions and act on these. Members will be expected to liaise with their colleagues and those they represent in order to ensure representation at each meeting. Guests may be invited to share knowledge and experience with the group and will be briefed in advance on the content and the format.

Member	Organisation/Department
Amanda Povey	SBC adult social care
Ben Smith	TEWV
Catherine Parker	TEWV
Carol Malham	SBC adult social care
Dan Maddison	Tees Valley CCG
Holly Watson (admin)	SBC
Jane Smith	SBC Children's services
Jenny Collier	SBC adult social care strategy
Jon Carling	Catalyst Stockton-on-Tees
Katie Slack	SBC Public Health
Mandy MacKinnon	SBC Public Health
Natasha Judge	Healthwatch
Tanja Braun (chair)	SBC Public Health

Membership may alter during the course of the project with the potential for additional co-opted members subject to agreement with the Steering Group. Guests may be invited as appropriate.

Frequency of meetings

The group will meet bi-monthly; meeting dates will be agreed and circulated as promptly as possible. Apologies should be directed to the administrator of the group.

Decision Making

Decisions are usually taken by consensus. If required a simple vote will be cast, all members of the group can vote. In even of a tie, the chair should make a deciding vote.

Governance & Accountability

The group has been convened as a subgroup of the Health and Wellbeing Board and will provide regular updates to the board. The group can set up sub groups as required. Representatives of each department/organisation will be responsible for reporting back to their organisation/department as appropriate.

V2 May 2022 to be reviewed in November 2022